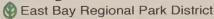
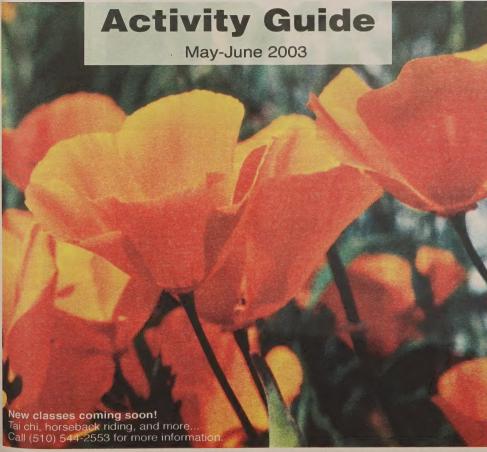
www.ebparks.org

"Regional in Nature"







Trails Challenge-page 3



Swimming-page 4



Educators Academy-page 10



Family camps-page 5



It's nearly summer...get out and enjoy a Regional Park!

With the weather turning warmer and trail users anxious to see spring wildflowers or simply enjoy the outdoors and improve their fitness and health, the following are recommended as favorite hikes in the Regional Parks. **Diablo Foothills Regional Park** 1.023-acre Diablo Foothills is a gateway to adjoining Mt. Diablo State Park and Shell Ridge Open Space. There are good hikes on the Foothills Trail and Alamo Trail, both accessible from Livorna Road in Alamo. Interesting features include the serrated "China Wall" rock formation, the Castle Rocks with their raptor population, and springtime wildflower displays. Las Trampas Regional Wilderness

With main staging at the north end of Bollinger Canyon Road off Crow Canyon Road in San Ramon, Las Trampas offers 4,138 acres of open space with chaparral, bay-oak woodlands, deep canyons, wind caves and panoramic ridgetop views. For a good introductory hike, take the Rocky Ridge Trail up a steep hill from the staging area, turn left on the Upper Trail, and return to the staging area on the Elderberry Trail. A longer, steeper hike on the Sycamore Trail leads past the wind caves down to Devil's Hole, which is the upper end of a deep canyon.

Pleasanton Ridge Regional Park Like Las Trampas, Pleasanton Ridge has miles of hiking trails with beautiful views in all directions. The entrance to

CONTENTS

Aquatics 4



Las Trampas Regional Park, in the Danville/Alamo area, is popular with hikers and equestrians. Rocky Ridge Trail offers good views to the east and west.

this 4,740-acre park is on Foothill Road about two miles south of Castlewood Drive in Pleasanton. From the staging area, take the Woodland Trail or Oak Tree Trail up to the Ridgeline Trail, then hike north along the ridges. You will pass olive groves, and springtime wildflower displays can be spectacular.

Morgan Territory Regional Preserve Hawks and eagles cruise the skies at 4,547-acre Morgan Territory. The park is on Morgan Territory Road on the east side of Mt. Diablo, 11 miles north of Livermore. There are views of Mt. Diablo, the Central Valley and even the Sierra Nevada on clear days. Take the Volvon and Volvon Loop Trails for a good five-mile hike. It's another great

park for spring wildflowers.

For more information, maps and fee schedules, visit the Park District Web site at www.ebparks.org, or phone 510-562-PARK (7275).

Hiking tips

- Share the trail—Be safe, and be considerate of other trail users.
- Know your route—Park maps are available at park entrances, by phoning (510) 562-PARK, or in the "Downloads" section of www.ebparks.org.
- Keep to the right of the trail; proceed single file around blind curves.
- Yield to equestrians—talk with eques-
- trians about safely passing horses.

 Observe leash rules and keep your dog under voice control at all times.
- Hike with a friend—Two or more hikers can assist each other in the event of accident or injury.

Camp Arroyo wins statewide award

The California Park and Recreation Society honored the East Bay Regional Park District with its Award of Excellence in Facility Design for Camp Arroyo Environmental and Education Center in Livermore.

The Park District was recognized for its use of "green" technology in building the camp. For example, wood was provided from sustainably harvested forests, bathhouse walls are made of "rammed earth" excavated from the site, and straw bale walls in the dining hall hold up what has been distinguished as the largest straw bale-constructed building in the country.

Camp Arroyo's residential environmental education center is the first public facility of its kind in the East Bay, while its design is the first of its kind nationwide.

Since its grand opening in 2001, more than 500 elementary-age children have shared life-enhancing experiences during their camp adventures. The camp is a shared project with The Taylor Family Foundation, which provided funding and operates the facility to provide unique environmental experiences to terminally ill children and their families during the summer months.

Recreation Programs 4-5 Ardenwood 5-6 Black Diamond 6 Coyote Hills 6 Crab Cove 6-7 Sunol 7 Tilden Nature Area 8-9 Volunteer Programs 8-9 Educators Academy 9 Other Regional Parks 9-10 Registration & Fees 11 Visitor Centers/Swim Areas 11 Special Facilities 11 Registration Form Back cover





Camp Arroyo's dining hall is the nation's largest straw bale-constructed building (see inset).

Swim Season is h

It's time to get your feet we have some swimming fun al Roberts Pool and the eight Regional Parks swim beach General swim fees range for \$2 to \$3.50 depending on plocation. Children under la free.

Opening Dates

Park, Berkeley: Swimming daily beginning Sat., April I then goes to weekends only daily operation resumes for summer beginning May 10. Roberts Pool, Roberts Reg Recreation Area, Oakland: Swimming opens April 12 ends only until daily summo operation begins June 7. Ad lap swimming begins June 10. Mondays-Fridays, from 6 to p.m. for ages 15 and up.

Contra Loma, Antioch: Sⁿ ming opens daily from Sal. 19-Sun., April 27, going to weekends only May 3, und operation begins again May for the summer.

Quarry Lakes, Fremont: Swimming opens daily from April 19-Sun., April 27, goi weekends only May 3, unil operation begins again May for the summer.

Shadow Cliffs, Pleasanton Swimming opens daily from April 19-Sun., April 27, goil weekends only May 3, until operation begins again May for the summer.

Cull Canyon, Castro Valle' Swimming opens weekenst on Sat., April 19, with daily operation beginning May ³¹ Temescal, Oakland, Swimo opens weekends only on Se April 19, with daily opensi beginning May 24.

Del Valle, Livermore: Swig weekends only, with daily operation beginning June! Don Castro, Hayward: Swi ming will open for daily of tion on May 24.

Swim Hours:

Lifeguards are on duy to 6 p.m. during the swim season. Operation of all su areas is dependent on well water level, water quality, staffing availability and tion. "Swim at your own funguarded swimming is year round at Shadow Cliff beginning March 15 each Lake Anza and Temescallmore information, see "swiming" at www.ebparks.of

gister now for the Trails Challenge

memphasis these days on ing healthy lifestyles, one stay in shape this year is by the 10th annual Trails age and hiking some of the al Parks' best trails. ister now to receive the 10th Sury Trails Challenge Guideindetailed maps and deons of the 20 favorite trails as Park District staff, volunpast Trails Challenge mis. Registered challengers

traminimum of five select

trails by December 1, 2003, receive a commemorative 10th Anniversary Trails Challenge pin and special gift. More intense hikers-"May Marathoners"-will have May and June to complete 26 miles of these trails to receive the 2003 pin plus a commemorative May Marathoner

Trails Challenge fee is \$10. May Marathon fee of \$15 includes Trails Challenge fee. To register, visit www.ebparks.org or phone (510) 636-1684.



Challenge can be a personal challenge or simply a healthy and fun way and paved trails throughout Alameda and Contra Costa counties.

nping "newbies"

les learn camping skills in the Parks

reekend night or family and a heautiful lotray from TVs, s, and video Dese family weekends are or those with ocamping ex-Activities may Johing, swimlaling, hiking, trafts, nature and a campprepared to ajoy the out-

ed spend time



Family camping means roasting marshmallows over a campfire.

fee includes two meals, arts and crafts, naturalist programs, a roomy shared campsite, and an experienced staff to help. Bring a tent, bedding, clothing, eating utensils, and flashlights, we provide the rest! Minors must be accompanied by an adult. Financial assistance is available. Camp dates are available June through August at Del Valle Regional Park in Livermore. For more information or to register, call (510) 636-1684.

Mamily. Your mer day camping opportunities

In for kids in the Regional Parks acto start think-Summer summer ad recreational or the The Park Dis-N collaborating East Bay let day camp ders to offer a safe, fun acting summer



Day campers at Roberts Pool.

tence in the Re-Parks. More than two dozen more than two downships with day camp provid-mide opportunties throughout agay, Regional Parks summer recreational opportunities include Junior Lifeguards (9-15 yrs), Summer Science Weeks at Tilden (9-12 yrs), Black Diamond Knobbers (8-12 yrs), Crab Cove Estuary Explorers (6-8 yrs), Ardenwood Jr. Farm Volunteers (8-11 yrs), Sunol Outdoor Dis-

coveries (3-4 yrs), and more. Call (510) 544-2512 to receive your free Day Camp Directory. Camperships are available to qualifying families.

EVENTS IN THE PARKS

Civil War Days, Ardenwood Historic Farm, May 24, 25, 26. Union, Confederate and civilian encampments, battle re-enactments, re-creation of the Civil War era. \$8/adults, \$6/senior citizens, \$5/children.

Celtic Festival, Ardenwood Historic Farm, Saturday, June 7. Celebration of Celtic culture, music, dancing, special food. \$8.50/adults, \$5.50/senior citizens, \$5/children.

Fire Truck Day, Ardenwood Historic Farm, Saturday, June 21, 10 a.m. to 4 p.m. Vintage and modern fire trucks, firefighting demonstrations, fire trucks water fight. \$5/adults, \$4/senior citizens \$3.50/children.

Mary Miché Mother's Day Concert, Environmental Education Center, Tilden Regional Park, Berkeley, Sunday, May 11, 3 to 4 p.m. Naturebased music for children. Free. **Backyard Bird and Butterfly** Festival, Coyote Hills, Fremont, Saturday, May 17, 10 a.m. to 4 p.m. Learn to provide butterfly and bird friendly habitat in your yard, patio, or apartment window box. Free

Bay Area Storytelling Festival, Kennedy Grove, El Sobrante, Saturday and Sunday, May 17-18. Distinguished storytellers bring their wonderful tales from across the country. This annual crowd-pleasing event includes food booths, picnic areas, storytelling

materials for sale, and sessions for participants to share their stories with other enthusiasts. \$47/adult for twoday festival, discounted rates for children and seniors. Single event tickets also available. For full program and ticket information, see

www.bayareastorytelling.org Crab Cove Summer Concert Series, co-sponsored with West Alameda Business Association, begins Friday, June 13, 5-7 p.m., at the Crab Cove Visitor Center in Alameda with rhythm and blues artists Will Bernard and Motherbug. Free.

Annual Sand Castle Competition, Crown Beach, Alameda, Saturday, June 14, 9 a.m. Come to help build or simply gawk at the creative sand castles and sculptures being shaped at the popular and creative Crown Beach sand sculpture and sand castle competition in Alameda, Free.

Solstice Celebration, Covote Hills. Saturday, June 21, 6:30 to 8:30 p.m. Join a merry band of revelers to celebrate the longest day of the year. \$5/person or \$10/family.

Return of the Terns Festival, Crab Cove Visitor Center, Sunday, June 29, 11 a.m. to 4 p.m. Exhibitors, activities and bus transport to view terns at the Least Tern Reserve at the former Alameda Naval Air Station. Registration required for bus: (510) 636-1684.

Educators Academy takes teachers outdoors

June offerings are listed below. For descriptions and the complete Ed. Academy 2003 schedule, call (510) 636-1684 or see www.regparksfdn.org. · Wild, Wild Wetlands, Covote Hills,

Project W.I.L.D. & Project Aquatic W.I.L.D, Tilden Nature

Area, June 14. · What to Teach About California Indians: An Ohlone Perspective, Coyote Hills, June 15.

Burning Issues: A Fire Ecology and Management Issues Workshop, McCone Hall, U.C. Berkeley Campus, Berkeley, June 19.

Insects and Crawling Creatures, Tilden Nature Area, June 24, 25, 26. · Cruising the Cosmos, Sunol

Regional Wilderness, June 28

Volunteers Needed!

· Ardenwood Summer Farm Volunteers: Learn to handle the farm animals, demonstrate turn-ofthe-century crafts and farm chores, and play old-fashioned games Volunteers needed June through August, weekdays; training is in June. If you're at least 14 years old and enjoy working with children, call (510) 796-0199 for an application.

· Coyote Hills Tule House Repair: The tule house we built five years ago with Stone-Age tools needs repair. On Sat., June 28, from 10 a.m.-4 p.m., we will straighten the framework and replace and repair the thatch. If you're age 10 or above, you can help. Call (925) 862-2601 to register.

Lee Family Special Kids Fishing Derby: Assist children with disabilities for a day of fishing and other recreational activities at Shadow Cliffs on May 1 and Lake Temescal on May 22. Breakfast, orientation, and lunch are provided. Call (510) 544-2205 to register.

· Ivan Dickson Trail Work Days: Trail rehab work at Round Valley, Sat., May 17, includes erosion control, light pruning, trail tread improvements. Tools and lunch provided. Wear sturdy shoes and long sleeved shirts. Bring gloves, water, and snacks. No dogs, please. Call (510) 544-2631 to register

National Trails Day: EBRPD/REI Service Project Sat., June 7. Vine weed removal along the Iron Horse Trail in Concord. Bring gloves, snacks and water. Lunch provided. Call (510) 544-2631 to register.

ROBERTS POOL SWIM PROGRAMS

MORNING SWIM LESSONS

Roberts Pool, Oakland Staff Group lessons for all levels. Each session offers. 10 half-hour lessons scheduled on weekday mornings for two consecutive weeks

Fee: \$45/session (non-res. \$51)

Session 1: 6/16-6/27 (Mon.-Fri.) ... Levels I, II, V, VI-VII 10-10-30am . 10:30-11am Levels I, II, III, IV 11-11:30am Levels I, II, III, IV Parent/Pre, I, II, III 11:30-noon . Session 2: 6/30-7/11 (Mon.-Fri.)

(no lessons on 7/4)

10-10:30am Levels I, II, V, VI-VII 10:30-11am Levels I, II, III, IV 11-11:30am Levels I, II, III, IV Parent/Pre, I, II, III 11:30-noon

Session 3: 7/14-7/25 (Mon.-Fri.) 10-10:30am Levels II, III, IV, (VI-VII)* 10:30-11am Levels I, III, IV, (V)*

11-11:30am Levels I, II, III Parent/Pre, I, II, IV 11:30-noon .. Session 4: 7/28-8/8 (Mon.-Fri.)

10-10:30am Levels II, III, IV, (VI-VII)* 10:30-11am Levels 1, III, IV, (V)* 11-11:30am Levels I, II, III Parent/Pre. I, II, IV 11:30-noon ...

Session 5: 8/11-8/22 (Mon.-Fri.) 10-10:30am Levels II, III, IV, (VI-VII)* 10:30-11am Levels I, III, IV, (V)* 11-11:30am Levels I, II, III 11:30-noon Parent/Pre, I, II, IV

*Note: Sessions 3, 4, and 5 offer extended 45-minute lessons for Levels V and VI-VII. Levels VI-VII: 10-10:45am. Level V:

10:45-11:30am. Fee: \$60/session (non-res \$66) EVENING SWIM LESSONS

Roberts Pool, Oakland 6-6-30nm Group lessons for Parent/Preschoolers, and

Adult Beginners and Intermediates, Each session offers 10 half-hour lessons scheduled on weekday evenings for 2 consecutive weeks.

Fee: \$45/session (non-res. \$51)

Session A: 6/16-6/27 (Mon.-Fri.) Parent/Pre Session B: 6/30-7/11 (Mon.-Fri., no lessons on 7/4) Parent/Pre, Adult

Session C: 7/14-7/25 (Mon.-Fri.) Parent/Pre Session D: 7/28-8/8 (Mon.-Fri.) Parent/Pre,

Session E: 8/11-8/22 (Mon.-Fri.) Parent/Pre

PRIVATE SWIM LESSONS

Roberts Pool, Oakland Want to improve your swimming skills? Does your child need special attention? Need custom work on competitive strokes? These private lessons consist of one-on-one instruction to achieve maximum results. 2 day sessions

Fee: \$38/2 day session (non-res. \$42) Dates: 6/16-6/19; 6/23-6/26; 6/30-7/3; 7/7-7/10; 7/14-7/17; 7/21-7/24; 7/28-7/31; 8/4-8/7; 8/11-8/14; 8/18-8/21. Times: 6:30-7pm, 7-7:30pm, 7:30-8pm, Mon/Tues or Wed/Thurs

EVENING LAP SWIM

Staff Roberts Pool, Oakland 6-8pm, Mon.-Thurs. 6/16-8/21 6-7pm, Fri. 6/20-8/22 (no lap swim 7/4) Swimming is one of the best fitness activities; enjoy your workout in a heated outdoor pool in the redwoods. Lane lines provided. (15+yrs)

Fee: \$3.50/swim or \$25/for 10 swims

RECREATION SWIM

Roberts Pool, Oakland 11am-6pm, Sat/Sun/Holidays 4/12-10/12 3:30-5:30pm, Mon. 6/9-8/25 12:30-5:30pm, Tues.-Fri. 6/10-8/29 Enjoy swimming in an outdoor pool. Pool is 25 yards long, heated, disabled accessible; lifeguard service provided. 15-minute adult swim every hour. Children under 1

year get in free. Fee: \$3/adult; \$2/senior & disabled; \$2/ child; \$4 weekend parking fee

DISABLED SWIM

Staff

Roberts Pool, Oakland 12:30-3:30pm, Mondays only: 6/9-8/25 Enjoy our completely accessible pool. This time is reserved exclusively for disabled guests and their families

Fee: \$3/adult; \$2/senior & disabled; \$2/child

PRIVATE POOL RESERVATIONS Staff

Roberts Pool, Oakland M-F daytime only, 4/14-6/6 M-F daytime only, 9/2-10/10 Roberts Pool is a perfect facility for a swim

party. Lifeguard service is provided. 150 person maximum; alcohol not permitted. Fee varies; call for info.

Reg. Required: (510) 636-1684

JUNIOR LIFEGUAR

9am-3pm, Mon.-Fri. (2-week sessions; dates and locations bel Beach and water fun for youth. Instruction in water safety, firsta CPR, lifeguard skills and equipm and physical conditioning. Empl is on self-esteem, teamwork and Must complete a 50-yard swimt the first day. (9-15yrs)

Park Local Course ... Date . Lake Anza 3633 6/16-6/27 3634 7/7-7/18. Lake Anza Lake Anza 3635 7/28-8/8 . 6/16-6/27 Contra La 3636 3637 .7/7-7/18 . Contra La Contra Lo .7/28-8/8 3638 3639 .6/16-6/27 36407/7-7/18 Cull Cany Cull Cany 3641 7/28-8/8 .. .6/16-6/27 . 3642 .7/7-7/18 .. 3643 Quarry Li 3644 .7/28-8/8 . Shadow C 36456/16-6/27 . .7/7-7/18 Shadow 0 3646 Shadow 0 .7/28-8/8 3647 Lake Tem .6/16-6/27 3648 Lake Tem 3649 7/7-7/18. . Lake Tem 3650 7/28-8/8 Fee: \$170/2-week session (Non \$188). \$130 for each additions child in family or for addition

than one. One-time uniform \$30, includes T-shirt, hat, swill trunks with patch. Reg. Required: (510) 636-168

sessions when enrolled in mon

OPEN WATER

OPEN WATER LAP SWIN

April-October during regular so Swim laps in a lake-no chlorine, il large lanes! Bring goggles, cap, kit pull bouy and hand paddles as desi Available at Lake Anza (Tilden), (Lakes, Shadow Cliffs and Lake To Fee: varies by facility Info: (510) 636-1684

SNORKEL/SCUBA EXPLO

Local Dis Shadow Cliffs Ongoing, call for dates & times Snorkeling and scuba lessons for h and specialty classes for certified (12+yrs) Info: (510) 5# Fee

RECREATION PROGRAMS

Roberts Pool in Oakland offers American

students per instructor, with emphasis on

personal safety and fun. Refer to the skill

placement, then check session dates and

level descriptions below to determine

times for availability. If fewer than 4

students are registered in any one class.

classes may be combined or canceled. No-

dropped unless advanced notification is

Registration required: (510) 636-1684.

SKILL LEVEL DESCRIPTIONS

to learn to swim. No pre-requisite.

up, skills include bobbing, supported

floating, blowing bubbles, kicking, and

Level II-Primary Skills; for age 6 and

locomotion, turning back-to-front and

dive recovery, front/back crawl stroke,

elementary backstroke kick, tread water,

and personal safety. Prerequisite: Level II

Level IV-Stroke Development: front/back

crawl and elementary backstroke, introduc-

breathing, and CPR. Pre-requisite: Level III

Level V-Stroke Refinement: continue Level

IV strokes/turns, introduction to butterfly

and personal safety while diving, spinal

injury awareness. Pre-requisite: Level IV

Level VI-Skill Proficiency: technique and

endurance for Level V skills, turns for all

strokes, additional safety and rescue skills.

emphasis on technique and endurance, plus

Level VII-Advanced Skills: continued

additional safety and rescue skills. Pre-

Pre-requisite: Level V skills.

requisite: Level VI skills.

tion to breast stroke, side stroke, standing

front dive, open turns at walls, rescue

kicking, finning, combined arm/leg

front-to-back, and personal safety.

Pre-requisite: Level I skills.

older, skills include unsupported floating,

Level III-Stroke Readiness: for age 6 and

older, skills include object retrieval, jump/

Phone or walk-in registration only, no mail-

Parent/Preschooler: for children 3-5 years,

water, designed to help young kids become

comfortable in the water so they are ready

Level 1-Water Exploration: for age 5 and

must be accompanied by an adult in the

given by calling (510) 482-0971

in registration accepted.

personal safety.

skills

skills.

shows on the first day of the session will be

Red Cross swim lessons with 4 to 6

For Recreation Department information, call (510) 544-2553 or email recreation@ ebparks.org. Special Cancellation Policy applies for all Recreation programs; see page 11.

TRAILS CHALLENGE

Join in on the 10th Anniversary of Trails Challenge (#3432)-one of our most popular programs! Your registration includes the 10th Anniversary edition of the Challenge Guidebook, with detailed maps and descriptions of the top 20 trails accessible to hikers, bikers, equestrians and the disabled. Earn a commemorative pin for completing five trails by DEC. 1! Dare to become a true Trails Challenger!

Reg. Required: (510) 636-1684 Fee: \$10 (non-res. \$12)

MAY MARATHON

Did you ever want to run a marathon but thought you didn't have the time or energy? Well, the May Marathon (#3433) will make a marathoner out of you! Complete 26 miles during May by running, walking, bicycling, skating, or riding. You will receive your hard-earned 10th Anniversary T-shirt and pin to mark your success! Take the challenge! Fee includes registration into Trails Challenge and May Marathon. Reg Required: (510) 636-1684 Fee: \$15 (non-res. \$17) BROOKS ISLAND ADVENTURE-CCK

Brooks Island California Canoe & Kayak 10 am-4 pm, Fri, May 2 #3897

9 am-3 pm. Sat. Jun 14 #3898 Be whisked away to a beautiful island in the bay! This guided, instructional day trip from Richmond Marina to Brooks Island is an easy, short paddle in stable, double kayaks-an excellent introduction to kayaking for beginners. Enjoy a guided, relaxed, 2-mile hike around this island's preserved shoreline that is normally closed to visitors.

Reg. Required: (510) 636-1684 Fee: \$70 (non-res. \$78)

INTRO TO BAY PADDLING-CA *5.

MLKing Shoreline Current Adventures 10 am-4 pm, Sat, May 3 #3884 10 am-4 pm, Sun, Jun 15 #3885 If you were with us for Discover Kayaking or have basic kayaking knowledge, join us for this intermediate class-an in-depth focus on skills necessary to go paddling on

your own. Learn proper strokes 20 vers, capsize recovery, and tide/of basics. Earn a certificate to rent yo kayak. The marshlands surrounding Jr. Shoreline offer great opportunit viewing shorebirds while you less navigate the bay environment. Par participation is required for child (10+yrs)

Reg. Required: (510) 636-1684 Fee: \$85 (non-res. \$95)

INTRO TO GOLF Tilden Golf Course

American 3-5 pm, Fri, May 9 #3889 10 am-noon, Tue, May 27 #3890 10 am-noon, Mon, Jun 9 #3891 3-5 pm, Fri, Jun 27 #3892 Have fun in a relaxed atmospher the fundamentals of golf. This in clinic teaches pre-shot fundament

www.ebparks.org

Program info-Ardenwood: (510) 796-0663; Black Diamond: (325) 757-2620; Coyote Hills: (510) 795-9385; Crab Cove: (510) 521-6887; Sunoi: (925) 862-2601; Tilden Nature Ares

apprent overview, and full-apprentals, Instructors will wyou can continue if you'd like mided. Receive a free \$20 distribute at the driving range and little class at the course.

pired: (510) 636-1684 ion-res. \$56)

RKAYAKING Del Valle Current Adventures Mpm, Sat, May 10, Lake Chabot n.lun 1. Lake Chabot #3887, Sat, Walle #3888

time to learn how to kayak! This lefirst step in learning paddle Mea kayaking. Get in-depth for paddling in calm water from muctors while touring the lake klayak (double kayaks available and for adult/child paddlers).

loss of time to practice as we binlets of the lake. Includes stop poliusk lunch. Parent participa-poliusk lunch. Parent participa-pol for youth age 5-13. (5+yrs) pared: (510) 636-1684 http://doi.org/10.1009/s59 187/865)

DAY HIKE * SP LAMAS Outfitters

m.Sat, May 10 #3893, Sat, Jun 7 in Jun 8 #3895
The wonderful world of llama inthe parks! Experienced Ilama all guide this 4-6 mile day hike Llamas will carry your picnic ad personal items and you will pleam about Ilama handling, Meare. Parent participation

Pired: (510) 636-1684 (1001-res. \$39) 10 FLY FISHING

and informative day is for the alocast with coaching from a dreasting instructor. Then enjoy and classroom instruction for an and classroom instruction, reading and more. (18+yrs)
seed: (510) 636-1684

MAL PARK ART Russell Black Sal, May 17 # 4169, Sat, May

at full day of drawing and waterspessive, artistic drawings and proving a state drawings and a signoral Park landscapes! You all aginal Park landscapes! You should be stated outdoor setting. (15+yrs) with 15 of 16 of 16

BLAND ADVENTURE-CA

Current Adventures

1. S. May 17 #3882, Jun 28 #3883

1. S. May 17 #3882, Jun 28 #3883

1. S. May 18 #3883

around the island, normally closed to visitors. Includes a stop for a shared potluck lunch. (14+yrs) Reg. Required: (510) 636-1684

Fee: \$85 (non-res. \$95) ON-STREAM FLY FISHING ** 5

Lois Kilburn Sunol 8:30 am- 2:30 pm, Sun, May 18 #3879 This new class will focus on reading New! moving water, strengthening your fishing techniques, mending, reach casts, curve casts, high stick nymphing, and dry fly fishing. This will be the only on-stream class offered this season. (15+yrs)

Reg. Required: (510) 636-1684 Fee: \$60 (non-res. \$66)

*野去 INTRO TO FLY FISHING Shadow Cliffs Lois Kilburn 8:30 am- 2:30 pm, Sat, May 31 #3880 Now is the perfect time to learn to flyfish! In this introductory class learn basic knots, the roll cast, pick-up and lay down cast, false casting, and how to select equipment and set up your fly rod. Class instructor is Lois Kilburn, certified by the Federation of Fly Fishers and a national champion tournament caster. (15+yrs) Reg. Required: (510) 636-1684 Fee: \$60 (non-res. \$66)

INTERMEDIATE FLY FISHING Shadow Cliffs Lois Kilburn 8:30 am- 2:30 pm, Sat, Jun 14 #3881 If you've taken Intro to Fly Fishing class or have basic casting knowledge, join us for the next step in this exciting sport! This class will start with a review of basic casts and move into shooting line, single haul, double haul, mending line, distance casting and specialty casts. Taught by a national champion tournament caster. (15+yrs) Reg. Required (510) 636-1684

Fee: \$60 (non-res. \$66) **FAMILY CAMP-OUTS**

Staff Del Valle Campground 2 pm Sat-noon Sun, Jun 21 #4155 Jun 28 #4156, Jul 12 #4157, Jul 19 #4158, Jul 26 #4159, Aug 2 #4160, Aug 9 #4161 Spend the night with family and friends in a beautiful local park, away from TV's, telephones, and video games! These weekends are perfect for those with little or no camping experience. Two-day activities may include, hikes, arts & crafts, nature programs and a campfire. Come prepared to relax, enjoy the outdoors, and spend quality time with your family. Fee includes two meals, arts and crafts, naturalist programs, experienced staff and a roomy shared campsite. Supply list provided upon registration. All minors must be accompanied by an adult. Financial assistance and tents are available for low-income families. Reg. Required: (510) 636-1684

ARDENWOOD

Fee: Adult/\$45, Child/\$39 (non-res \$51/\$43)

Ardenwood is open Tues.-Sun. from 10 a.m.-4 p.m. plus Memorial Day. Food service and Patterson House tours are available Thurs.-Sun. Blacksmithing and horsedrawn train rides are available Thurs., Fri., and Sun. Program and fee info: (510) 796-0663, ardnwood@ ebparks.org, or www.ebparks.org. Admission fee applies.

CIVIL WAR DAYS

NCWA Ardenwood 10 am-4 pm, Sat-Mon, May 24-26 Join hundreds of volunteers from the National Civil War Association as they

recreate scenes from this tumultuous period of our nation's history. Watch cavalry, infantry and artillery units engage in battles twice daily on Saturday and Sunday. On Monday morning a memorial service will be followed by a final afternoon battle. Wander through the encampments to experience the sights and sounds of history brought to life.

Special Event Fee

CELTIC FESTIVAL

Ardenwood Wee Hand Productions & staff 10 am-4 pm, Sat, Jun 7 Join in a glorious day of Celtic dancing, pipebands, Welsh and Irish music, historic reenactment, ethnic food and a host of children's activities.

Special Event Fee

FIRE TRUCK DAY!

Local firefighters & staff Ardenwood 10 am-4 pm, Sat, Jun 21 Meet America's finest firefighters and see the trucks and tools that aid them. Climb aboard a fire engine, ring the fire bell and join the "Battle of the Fire Trucks." Meet a search and rescue dog and learn about fire safety. Music, crafts, games, and lots of squirting water will make this a wet and wild day for the whole family!

Special Event Fee

ANTIQUE ENGINE SHOW Ardenwood **EDGETA** 10 am-4 pm, Sat-Sun, Jun 21-22

See gas engines demonstrated by the Early Days Gas Engine and Tractor Association. Discover how many household and farm machines were powered before electricity.

VICTORIAN FLOWER ARRANGING Volunteers Ardenwood 10:15-11:30 am, Thursdays

Watch as our docents create floral works of art for display in the Patterson House.

COOKING IN THE COUNTRY KITCHEN Ardenwood

10:30 am-1:30 pm, Sundays Stop by the country kitchen and sample a cookie or a biscuit straight from the woodburning stove to see why cooking outside always makes food taste better. Discover some food history; pick up a historic recipe.

ANIMAL FEEDING

Staff Ardenwood 3pm, Thursdays-Sundays Help slop the hogs, check the henhouse for eggs, and bring hay to the livestock. You'll learn all the animals' favorite foods as you help shut the farm down for the evening.

FARM CHORES FOR KIDS Ardenwood

11 am-noon, Sat, May 3, 10, 17, 31 Young farmers are invited to help shell and grind corn, check the hen house for eggs, and give the animals a morning snack

HEALTHFUL HERB GARDENING Christina Garcia Ardenwood 1-2:30 pm. Sat, May 3

Come on a tour of the herb garden behind the Patterson House. Learn historic remedies for common ailments such as indigestion, sunburn, and headache, and how to make infusions, poultices and tinctures using these useful plants. Get some tips for starting your own herb garden.

FARMYARD STORIES AND SONGS Tara Reinertson 11 am-noon, Sun, May 4 Discover how stories and song can bring

history alive. We'll sing and hear stories from the farm, then go and greet our farm animals and feed them a morning snack.

Financial assistance is available

SCARECROW CREATIONS

Tara Reinertson Ardenwood 1-2:30 pm, Sun, May 4 Several unique scarecrows are needed to guard our comfield from the birds. Help build and stuff our scarecrows, then plant them in the field. As we work we will learn how scarecrows came to be a favorite

feature on American farms. Info: (510) 796-0199

THE LANGUAGE OF FLOWERS Christina Garcia Ardenwood

1-2:30 pm, Sat, May 10 #4055 A century ago, simple bouquets of flowers-"tussie-mussies"-were rich in symbolism: different types and colors of flowers were used to express sentiments. Stroll through the gardens and discover the meanings of what's in bloom now, then create a nosegay with a message for someone special. Paren-

tal participation required. Fee includes Ardenwood admission. (6+yrs) Reg. Required: (510) 636-1684 Fee: \$5 (non-res. \$7)

VICTORIAN TEA FOR MOTHERS Ardenwood Volunteers

1-3 pm, Sat, May 10 #4057 Treat mom to a tea featuring traditional savory and sweet delicacies. Hostesses in period dress will serve you in Ardenwood's Victorian garden and instruct you in the gentle art of pressing and drying flowers.

Reg. Required: (510) 636-1684 Fee: \$12 (non-res. \$14)

OUEEN FOR A DAY!

Staff Ardenwood 11 am-noon, Sun, May 11 It's Mother's Day! Crown yourself with a head wreath made from fresh-cut roses and flowers.

Learn the history of mom's special day. Fee: \$2

HERBAL DREAM PILLOWS

Ardenwood 1-3 pm, Sun, May 11 #4064 Relax on Mother's Day while making your

own dream pillow from flowers and herbs from our Victorian herb garden. Learn what kinds of herbs have been used traditionally for relaxation and for better sleep. Parental participation required. Fee includes Ardenwood admission. (6+yrs)

Reg. Required: (510) 636-1684 Fee: Adult/\$10, Senior/\$8, Child/\$6.50 (non-res. \$12/\$10/\$8.50)

OLD-FASHIONED GAMES

Ardenwood 2-3 pm, Sun, May 11, 18

Leave your modern amusements behind

and try some old-fashioned fun! Hop like a bunny in sack races, pull like a bull in tugo-war and fly like a peacock in a potatospoon race. Bring the family; test your

HAWKS AMONG US Ardenwood

1-2 pm, Sat, May 17 Take a walk around the grounds to look for red-shouldered hawks, red-tailed hawks, kestrels and other birds of prey. Learn what they eat, where they nest and why they're an important part of the ecosystem. Bring

binoculars. Info: (510) 796-0199

PITCHIN' IN ON THE FARM Ardenwood

11 am-noon, Sun, May 18, Jun 1, 8, 15, 22, 29 Help grind corn, feed the animals, and



Staff

Christina Garcia

search for eggs in the hen house. While we work we will learn what makes our farmyard friends so special.

GOURD CRAFTING

Ardenwood Tara Reinertson 1-4 pm, Sun, May 18 #4075 Learn fascinating gourd history and create your own birdhouse for the springtime birds in your garden. Parental participation required. Fee includes all supplies and Ardenwood admission. (11+yrs)

Reg. Required: (510) 636-1684

Fee: Adult/\$26, Senior/\$23, Child/\$15 (non-res, \$30/\$27/\$17) LOVELY LADIES CROQUET

Ardenwood Volunteers 1-3 pm, Sat, May 24, Jun 21
A proper Victorian lady wasn't always limited to watching sports from the sidelines because of the social requirements of the day. Watch an entertaining example of a "very Victorian" croquet game.

ROPE AND HAY Ardenwood 1-2 pm, Sat, May 31, Jun 14, 28

1-2 pm, Sat, May 31, Jun 14, 20
Help make rope with our antique machine, then see how rope plus a few pulleys make hoisting hay bales into the barn loft a cinch.

HAY DAY!

Ardenwood Gaeta Bell 1-2 pm, Sundays, Jun 1, 8, 15, 22, 29
Join in the fun of an old-fashioned hay harvest. Pitch the freshly mown hay into the wagon, then help us build a giant hay stack. Learn the difference between hay and straw as we bring in this year's crop.

BARNYARD BUDDIES
Ardenwood
10:30-11:30 am, Sat, Jun 14, 28

Feed the goats a snack, pet a bunny, greet the heifers and tickle a chicken (if you dare).

MEET THE BUNNIES
Ardenwood

2-3 pm, Sat, Jun 14, 28 Meet Ardenwood's furriest residents. Learn how rabbits use their nose, ears, and eyes to sense danger, then put your senses to the test with a couple of "sense-ational" games.

MORNING CHORES
IN THE VEGETABLE GARDEN
Gaeta Bell
10:30-11:30 am, Sun, Jun 22, 29
Lend a hand planting seeds and turning
compost in the heirloom vegetable garden.
Learn vegetable fact and lore. A few tender

spring vegetables may be ready to taste. BLACK DIAMOND

Greathouse Visitor Center is open from 10 a.m.- 4:30 p.m. Saturdays and Sundays March through November. All Black Diamond programs (unless otherwise noted) meet at the parking lot at the south end of Somersville Road in Antioch. For info call (925) 757-2620 or email bdvisit@ebparks.org.

HAZEL-ATLAS SAND MINE TOUR Black Diamond Staff

Various times, Saturdays and Sundays
Explore 400 feet of an underground silicasand mine and learn its history, geology and
the methods used to mine sandstone. Hourlong advance reservation tours are offered
at 1 p.m. on Saturdays and Sundays
through November. First come/first serve
tours are offered at noon and 3 p.m. only.

Must be at least 7 years old, parent participation required.

Reg. Required (510) 636-1684 Fee: \$3

GREATHOUSE VISITOR CENTER

Black Diamond Staff

10 am-4:30 pm, Saturdays and Sundays View the workings of a 20th-century sand mine and learn about the lives of the 19thcentury coal miners. Artifacts and photographs are displayed and a video featuring former Mt. Diablo coalfield residents is shown.

KNOBBERS

RNOBBERS
Black Diamond
3:30-5 pm, Thu, May 22, Jun 19
Knobbers were boys eight and older who helped coal miners work underground.
May 22: Join our modern day knobbers as both boys and girls discover the slithering, smooth, and stupendous world of snakes.
June 19: enjoy life as a kid in the 1870s.
We'll play old time games and handcraft a game to take home. (8-12yrs)

Reg. Required: (925) 757-2620 Fee: \$6 (non-res. \$8)

MEMORIAL DAY AT THE MINES
Black Diamond Staff

Noon-3 pm, Mon, May 26
Today, tours through the Hazel-Atlas Mine
will be offered on a first-come/first-served
basis. Tour times are noon, 1 p.m., 2 p.m.,
and 3 p.m. Purchase tickets at Greathouse
Visitor Center. Participants must be age
seven or older.

Fee: \$3

Staff

Staff

WHAT ARE WE GONNA DO THIS SUMMER?

Black Diamond Mike Moran 2-3 pm, Sun, Jun 1
Come to our cool (literally) underground

Greathouse Visitor Center to see the outdoorsy doings available to you and your family this summer. Dress warmly. CANDLESTICKS TO CAPLAMPS

Black Diamond Bob Kanagaki

11 am-noon, Sat, Jun 7

Discover how miners brighten their deep,
dark workplaces as we study state-of-theart nineteenth century lighting technology.

Meet at Greathouse Visitor Center.

MINES, MINERS, AND MINERALS

Black Diamond

Bob Kanagaki

10 am-12:30 pm, Sat, Jun 14 #4134

Delve into Black Diamond's unique human
and geologic history as we explore both
surface and subterranean trails. (7+yrs)

Reg. Required: (510) 636-1684 Fee: \$3

COYOTE HILLS

The Coyote Hills Visitor Center is open Tue. – Sun. 9:30 a.m.-5 pm. and on Memorial Day. "Possum's Pocket" has books, bug boxes, and other items for sale. The Garin Park Visitor Center will open for the summer on Memorial Day weekend, Sat., Sun. and Mon. 10:00 a.m. to 4:30 p.m. For info call (510) 795-9385 or email chvisit@ebparks.org.

SUNDAY NATURE ADVENTURES

Coyote Hills

Staff

2-3 pm, Sundays in May and June
The park is full of stories about its plants,
animals, and history. Learn about snakes or
butterflies, marshes or shellmounds and
what makes them important to the world
we live in. Call for details for the day
you're planning to visit. This program is
perfect for scout and church groups.

COYOTE SCOUT INSTITUTE

Coyote Hills

8:30-11:30 am, Sat, May 3 #4109

9:30-11:30 am, Sat, May 17 #4110

Explore the birds, animals, and plants of
Coyote Hills! We will look at fresh and salt
water marshes, grasslands, and hilltops.

Hands-on experiments and observations
will foster an appreciation of the diversity
of the Bay Area. (7-12yrs)

Reg. Required: (510) 636-1684

Fee: \$10 (non-res, \$12)

Coyote Hills Kristina Parkison 1-3 pm, Sat, May 3 Get lost-and found-while exploring the marsh! Learn about natural compasses and how animals use them. We'll then learn basic orienteering skills using compasses.

(8-12yrs) Reg. Required: (510) 795-9385 Fee: \$5 (non-res. \$7)

NATURE'S COMPASS

A FEAST OF EDIBLE AND USEFUL PLANTS
Coyote Hills
Ortiz & Bonillas

10 am-noon, Sun, May 4
Through slides, demonstrations, and discussions, you'll be introduced to Ohlone and other Central California Indian foods. Taste manzanita cider, acom, roasted peppermuts,

yerba buena tea, and more.

SHELLMOUND OPEN HOUSE

Coyote Hills

1:30-4:30 pm, Sun, May 4

Walk to a village site where the Tuibun

Ohlone lived for more than 2,000 years.

Ohlone lived for more than 2,000 years. Theodore W. Bonillas (Mutsun Ohlone) will share plant uses while Naturalist Beverly Ortiz demonstrates Ohlone-style basketry. They'll answer your questions about Ohlone history and culture.

THE GARDEN IS OPEN
Coyote Hills
Jan Southworth
10 am-4 pm, Sat, May 10, Jun 14
Tour the nectar garden—designed to attract
butterflies and hummingbirds—and learn the
plant species that can be used to create a
wildlife paradise in your own backyard.

COYOTE CUBS
Coyote Hills
Kristina Parkison
10-11:30 am. Tue, May 13, May 27
Would you like to meet a beaver or eat at
the Bird Beak Cafe? Bring your wee ones
and participate in a series of programs
designed especially for you and your child.
Hands-on crafts and activities will
stimulate young minds and introduce you
both to the fascinating world of nature. (35yrs)

Reg. Required: (510) 795-9385 Fee: \$6 (non-res. \$8)

BACKYARD BIRD AND BUTTERFLY
FESTIVAL
Coyote Hills
Jan Southworth

10 am-4 pm, Sat, May 17
The expansion of the metropolitan Bay
Area over the last 100 years has vastly
reduced habitat for native populations of
birds and butterflies. Come to learn how
easy it is to provide butterfly and bird
friendly habitat in your yard, patio, or
window box. Enjoy films, lectures, games,
crafts, music, face painting, garden tours
and bird, butterfly and wildflower walks.

MARSH MYSTERIES
Coyote Hills
Kristina Parkison
9:30 am-11:30 am, Mon, May 26
Bulletin: An animal has been kidnapped
from the marsh! Join us for a morning of

mysterious fun as we follow clues to us to its identity. We'll learn facts ab plants and animals who call the East home. (7+yrs)

home. (7+yrs)

SHELLMOUND WORKDAY

Coyote Hills Bevel

10 am-4 pm, Sun, Jun 1
Join staff and Ohlone descendants in
reconstruction of Ohlone-style house
more than 2,000 year-old village site:
Tuibun Ohlone. Help build a ramade
gather cattail and make mats to that
houses, and clean and weed the site.5
and tools provided. (12+yrs)

WEIRD SCIENCE

Coyote Hills Kristina h 1:30-3:30 pm, Sat, Jun 21 Become a scientist for a day! We'll' array of scientific equipment to disc minibeasts, the color of leaves, creat optical illusions and more! (8-12)m Reg. Required: (510) 795-9385

Fee: \$3

SOLSTICE CELEBRATION HIS Coyote Hills Southworth & 6:30-8:30 pm, Sat, Jun 21

Do what cultures around the world done for thousands of years-celebra longest day of the year. Bring a pirit enjoy, then don your decorative aim instrument (rattles, whistles, drums and join the procession to Red Hill the bonfire and merrymaking. We'll marshmallows as we "put the sun!

Reg. Required: (510) 795-9385 Fee: \$5/person, \$10/family (non-res. \$7/\$12)

CRAB COVE

Crab Cove Nature Store is open for Sun. 10 a.m.-4:30 p.m. Exhibit and closed for remodeling. For info, of 521-6887 or email ccove@ebparks/

STORYTIME AT THE COVE

3:30-4 pm, Saturdays, May 3, 10,1 31, Jun 7, 21, 28

Join us for a relaxing afternoon for from nature in our Old Wharf Class outdoors if the weather is nice!

INTERTIDAL EXPLORATION
Crab Cove Kareo

Crab Cove
10-11:30 am, Sundays, May 4, 18, 1
The tide is out and it's time to disc
burrows in mud and rocky shore its
Seek out marine reserve inhabitus
why the intertidal zone is a difficult
to live and what you can do to belo

San Francisco Bay. Come dressell POND DISCOVERY WALK Crab Cove 3-4 pm, Sun, May 4, 18, Jun 1, Sd

11 am-noon, Sun, May 11, 25, Jun Jun 28 Discover what makes our urban po

Discover what makes our urban point important area for wildlife. Find of nesting or feeding in the cattails.

SEA SIBLINGS Crab Cove

9:30 am-10:30 am, or 11 am-noon 6, 20, Jun 3, 17

Sea siblings targets the 3-5 year bearing ability while providing of inviting a 1-5 year old sibling along. Each class provides outfortion and a theme-related craft. Mgiving leaves-Delight in the formation of plans' kitchens. May 26 the "Teeth Grinders," chipmunks.

www.ebparks.org

vw.abparks.org
Program info-Ardenwood: (510) 796-0663; Black Diamond: (925) 757-2620; Coyote Hills: (510) 795-9385; Crab Cove: (510) 521-6887; Sunol: (925) 862-2601; Tilden Nature Ares |

waimals and plants are inter-lane 17: The world of birds. nired: (510) 521-6887

YEXPLORERS

Staff Thu, May 8, 22, Jun 12, 26 plores is designed for 6-8 year class includes outdoor exploraheme-related craft and snack. lans are encouraged to drop id to allow for an independent

ince with naturalist guidance. and in the art of science. Under the laf structures jump into 12 Mammals whose incisor stop growing! Braces won't tation. What will? June 12: secrets of ecology, and discover extions of life. June 26: Inves-Hirds eat, their habitat, and how

when. ired: (510) 521-6887 wo-res, \$8)

SDAY BEACH STROLL SP 5 Karen Nichols May 11 from to relax and take a walk to

tiens, blooms, wildlife and hissata along San Francisco Bay.

Staff Tue, May 13, 27, Jun 10, 24 for 3-5 year olds accompanied Sea Squirts is a great way to and with your little one. Each an outdoor exploration and a and craft and snack. See our Sea from if you prefer to have 1-5 in their siblings. May 13: the form and function of plants' the 'Teeth Grinders,' storals. June 10: How animals

at interconnected. June 24: The pired: (510) 521-6887 line-res. \$8) DEWALK

Sn. May 17, 31 a. May 24, Jun 7, 21 sala, crabs, and worms up close them up!

time returns to cover them up! hin the mud and sun. FUFF Karen Nichols

SP &

Staff

San, May 25 s)ou see around you is conyou're connected to nearly

AL DAY CREATURE-BY-M. Mon, May 26 Naturalist Nancy hy with a focus on creatures of lay of fun activities related to

Bocall San Francisco Bay Enjoy the food, songs, SP Ritchie & Gilmore

Sa, Jun 8
Say and wildlife while
Discover how susignity trash. Discover how the both humans and wildlife.

See the beautiful and safe and have the safe the s

EVENING CONCERT

AT THE COVE Staff Crab Cove

SP &

5:30-7:30 pm, Fri, Jun 13 Rhythm and blues artists Will Bernard and Motherbug at the Crab Cove Visitor Center in Alameda. Free concert co-sponsored with the West Alameda Business Association. Info: (510) 521-6887

SPA PARADE PREPARATION Gail Broesder Crab Cove

11 am-2 pm, Sat, Jun 28 Come help us prepare for our annual entry in the 4th of July parade, and get information about joining us on the 4th. We may be stuffing the giant crab, decorating the float, or creating your own sea life addition.

Reg. Required: (510) 521-6887 RETURN OF THE TERNS

Gail Broesder Crah Cove 11 am-4 pm, Sun, Jun 29 Bus tour: noon-1 pm, #3900 Bus tour: 1-2 pm #3901

Bus tour: 2-3 pm #3902 The endangered California least tern has returned to Alameda to nest and raise their young! Today celebrate with a variety of activities: see slides, make a craft, touch a decoy, visit organizations who protect endangered species. The highlight will be several one-hour bus tours to a nearby least tern colony to see adult terns and chicks!

Call to reserve a seat; space is limited. Reg. Required: (510) 636-1684 Fee: \$7 (non-res. \$9)

SUNOL

Sunol Visitor Center is open Sat.-Sun. 10 a.m.-4:30 p.m. For info, call (925) 862-2601 or email svisit@ebparks.org.

OUTDOOR DISCOVERIES

Staff 10-11:30 am, various Thursdays Children 3-5 years and an adult are invited to explore the wilderness with a naturalist guide. Different topics introduced each week. Pre-registration required. Call for topics and application. (3-5yrs)

Reg. Required: (925) 862-2601 Fee: \$6 (non-res. \$8)

DEL VALLE CAMPFIRE PROGRAMS

Staff Del Valle 8-8:45 pm, Sat, May 3, 10, 17 8-9 pm, Fri, Sat, May 23, 24 8:30-9:30 pm, Fri, Sat, May 30-Jun 28 Join us for entertaining and educational programs at the campground amphitheater. One of our staff will visit campsites before each evening's campfire program to answer questions about the Regional Parks. Noncampers are welcome. Please park in the overflow lot behind the store at the campground entrance.

DEL VALLE SCENIC BOAT TOUR Staff Del Valle

1-2:30 pm, Saturdays and Sundays in May and June except 5/31 and 6/1 There's no better way to enjoy Del Valle than being on the lake. Join our boat tour to the dam. Learn about the lake, the wildlife, and the activities available for you in the park. Bring a jacket, sunscreen and binoculars if you have them. Purchase tickets at the west-side concession beginning at 11 a.m. All children under 13 (including infants) and all non-swimming adults will be required to wear a provided flotation device. Programs may be canceled if there are five or fewer participants. Fee: 13+yrs/\$4.25, 1-12 years/\$2.75

VALLEY NATURE RIDE

Staff 10-10:45 am, Sat, May 3 #3926, Sun, May 11 #3927, Sun, Jun 8 #3928, Sun, Jun 22

Hear about the cultural and natural history of Sunol, then enjoy a 20 min. guided horseback ride. (6+yrs)

Reg Required: (510) 636-1684 Fee: \$17 (non-res. \$19)

SCIENCE FOR TYKES

Cindy Taylor Sunol 10-11:30 am, Sun, May 4, Jun 1, 15, 29 Budding scientists and their families are invited on a series of science programs set in a wildly exciting outdoor laboratory. Dress for dirt and messy crafts. May 4 Animal Signs Sleuthing. June 1: Mammalian Madness. June 15: Father's Day Little Yosemite Hike. June 29: Solar Power. (4-

Reg. Required: (925) 862-2601 Fee: \$6 (non-res. \$8)

THE CAVE ROCKS Cindy Taylor

1-3 pm, Sun, May 4 We'll follow the dry creek bed up to the cave rocks. What are they and how did they get here? How are they different and why are they called the cave rocks? We'll try to solve these questions and have some time to scramble around. No organized groups.

WILDERNESS EXPLORERS TREKKERS

Sunol Katie Colbert 10-11:30 am, Thu, May 8, 15 4:30-6 pm, Wed, May 14, 28 4-5:30 pm, Wed, May 21 Join us for discovery and adventure as we explore the wonders of the world around us. May 8: Water Ballet. May 14: Animal

Signs Sleuthing Part 2-Skin, Feathers and Fur. May 15: Earth Shadow, Earth Shadow. May 21: Afternoon Water Ballet. May 28: Animal Sleuthing Part 3-Skulls. (Grades

Reg. Required: (925) 862-2601 Fee: \$6 (non-res. \$8)

SP OF VILLAGERS & SETTLERS Douglas Hawes 10 am-noon, Sat, May 10

Enjoy stories about the inhabitants who have touched Sunol through the years, including Taunen Ohlone, Spanish missionaries, Mexican rancheros and American settlers. Then take a short walk to the site of the 1865 Geary homestead.

OLD WAY'S WORKSHOP: RATTLESNAKE RENDEZVOUS Norm Kidder

Sunol Noon Fri, May 23-6 pm, Sun, May 25 #3930 Join our annual gathering to experience (as closely as possible) what life may have been like in the stone-age. We will make our own stone tools, fire and string, cook without metal and make music. (8+yrs) Reg. Required: (510) 636-1684

Fee: Adult/\$80, Child/\$40 (non-res. \$88/\$44)

Fee: \$10 (non-res. \$12)

SENIOR SAFARI: LITTLE YOSEMITE

Erica Herron 10:30 am-12:30 pm, Thu, May 29 #3931 We'll tour by van to Little Yosemite, a scenic gorge within the Alameda Creek watershed. Enjoy this beautiful natural resource and discover the value of watersheds. (50+yrs) Reg. Required: (510) 636-1684

Sunol

WHAT'S LURKING IN THE CREEK? SP Cindy Taylor 1-3 pm, Sun, Jun 1

Come prepared to get your feet wet and learn about the aquatic critters of a wet watery world. We'll explore the cool riffles and pools armed with dipnets. Wear closedtoed shoes and clothes that can get drenched. (3+yrs)

TULE OR NOT TULE? Dino LaBiste

10-11:30 am, Sat, Jun 7 Learn how to identify this native marsh plant. We'll talk about its botanical characteristics, find out how California native people have utilized tule (too-lee)

Reg. Required: (925) 862-2601 FLAG DAY ON FLAG HILL

and make a tule bittern

Sunol Cindy Taylor 7:30-11 am, Sat, Jun 14 Beat the heat on this early morning ascent

of a local landmark. We'll explore the natural and cultural history of the area as we make our way to the summit and breakfast with the views from the top. Bring breakfast and beverage. No organized groups please. (7+yrs)

WILDERNESS SKILLS: THE NATURE OF SURVIVAL Sunol

 Norm Kidder 10 am-2 pm, Sat, Jun 14 #3932 Learn how our ancestors thrived in the

"wilds" by applying the same principles as many other species to find shelter, food and water. We will also look into the cultural and practical significance of uniquely human technologies of fire, cordage and simple stone tools. (10+yrs)

Reg. Required: (510) 636-1684 Fee: Adult/\$25,Child/\$15 (non-res. \$29/\$17)

SENIOR SAFARI: ROSE PEAK

Sunol Erica Herron 10:30-2:30 pm, Mon, Jun 16 #3933 Rose Peak rises 3,817 feet above sea level within the Ohlone Regional Wilderness: On a clear day you can see the Sierra to the east and Farallons to the west. Today-we will drive by van along fire roads to near its top to learn about eagles, falcons and hawks. (50+yrs)

Reg. Required: (510) 636-1684 Fee: \$20 (non-res. \$22)

HIKE FOR THE LITTLEST TYKES SP Cindy Taylor 10-11:30 am, Sat, Jun 21

Tiniest tykes and their parents will stomp through creek puddles, explore rocks, leaves and other summer surprises. Bring a trowel, complete change of clothes and shoes that can get drenched. (18mos-3yrs)

Norm Kidder

WILDERNESS SKILLS: KNOTS WITH KNORM Sunol

10 am-noon, Sat, Jun 21

The ancient world was tied together! Learn about the cultural history of rope and string while learning the most useful and wide spread knots that you can use to tie your world together. (10+yrs)

Reg. Required: (925) 862-2601

TILDEN NATURE AREA

The Environmental Education Center is open Tue.-Sun. 10 a.m.-5 p.m. The Little Farm is open daily. For info call (510) 525-2233 or email tnarea@ebparks.org.

MAY HIKE

Jessica Sheppard Tilden Nature Area 1:30-3:30 pm, Sat, May 3 Find and identify wildflowers in appreciation of Maia, the Goddess of Spring.

SPRING STARS Tilden Nadia Stanis 7:30-9:30 pm, Sat, May 3 A satellite or a comet? Come unravel the mysteries of the night sky. Bring a blanket and binoculars

Reg. Required: (510) 525-2233

CALLING ALL CHEMISTS Scott & Marsh Tilden Nature Area 2-3:30 pm, Sun, May 4 What is a gas? What makes drinks fizzy? Explore the fascinating world of chemistry through fun and simple experiments. (8-12yrs) Reg. Required: (510) 525-2233

MINI-GARDNERS

Nadia Stanis Tilden Nature Area 2-3:30 pm, Sun, May 4, Jun 8 Dig, harvest, and explore our garden. We'll do a craft and a garden project. May 4: Find out why leaves are green and flowers are bright; make watercolor paintings. June 8: Dig through our compost in search of wrigglers, and make worm boats. (4-6yrs) Reg. Required: (510) 525-2233 Fee: \$3

ON THE BLUEBIRD TRAIL

Tilden Dave Zuckermann 10 am-2 pm, Sun, May 4 Climb briskly up 700 feet and over Wildcat Peak (3.5 mi.) to the nestbox trail. Help with nesting bird survey. Bring lunch and liquids. (10+yrs)

TEA AT 4 Alan Kaplan Tilden Nature Area 4-5:30 pm, Mon, May 5, 19 Enjoy some of the best teas from the Pacific Rim and learn their natural and cultural history. Then take a walk to see nesting birds, a log of termites, or a

complete surprise! Reg. Required: (510) 525-2233

MID-DAY MEANDER Alan Kaplan Tilden

2:30-4:30 pm, Tue, May 6 Wander with the wind on Alan's favorite trails to spy on spring surprises and nesting birds galore.

KIDS GARDEN CLUB

Fee: \$5 (non-res. \$7)

Stanis & Scott Tilden Nature Area 2-4 pm, Sat, May 10, 31, Jun 14, 28 For kids ages 7-12 to explore the world of gardening. May 10, Farm Animals: Learn how they help make our garden grow. May 31. Soil: Learn about plant beds, and collect clay for pottery. June 14, Aromatic Plants: Sniff flowering plants; make herb sachets! June 28, Bread: Learn about bread, mill wild wheat, and bake bread! (7-12yrs) Reg. Required: (510) 525-2233 Fee: \$5 (non-res. \$7)

SUNNING TURTLES

Jessica Sheppard 1:30-3 pm, Sat, May 10 The reptiles awake with the warmth of spring-walk out to see our turtles and learn about their role in nature.

MARY MICHÉ ON MOTHER'S DAY

Tilden Nature Area Dave Zuckermann 3-4 pm, Sun, May 11 Mary specializes in delightful music for children. Join us for a lively concert.

TREE LD.

Kate Scott Tilden Nature Area 11 am-noon, Sun, May 11 Did you know trees keep secrets? They will be revealed through stories as we explore and identify trees.

TUESDAY MORNING BIRDWALKS Various locations Alan Kaplan 7-9:30 am, Tue, May 13, 20, 27, Jun 17

Beginners welcome. Call to borrow binoculars. May 13. Tilden Nature Area: Warblers-meet at the Visitor Center. May 20, Tilden: Nuthatches-meet at Inspiration Point. May 27, Wildcat Canyon: grasshopper sparrows-meet at the top of Clark Road off San Pablo Dam Road. June 17, Tilden: birds of grassland and scrub-meet at the Little Train overflow parking lot for a

climb up Vollmer Peak. REPTILE ROUNDUP Tilden Salli Lundgren 1-2:30 pm, Sat, May 17 Greet and touch our local reptiles. Find out why they're great neighbors and how they

smell with tongues. EGGSTRAVAGANZA! Devin Berry Tilden Nature Area 10-11:30 am, Sun, May 18 Learn about barnyard fowl, their eggs, and the different roles played by each bird. Examine eggs for differences; make a craft. Reg. Required: (510) 525-2233

Fee: \$2

TILDEN MINI-RANGERS

Tilden Nature Area Dave Zuckermann 3:30-5:30 pm, Tue, May 20, Jun 17 Find out how it feels to be a Ranger! Join us for an active afternoon of nature study and conservation. For youth 8-12 years, unaccompanied by their parents

Reg. Required: (510) 525-2233 Fee: \$6 (non-res. \$8)

GARDENING FOR BUTTERFLIES

Jessica Sheppard Tilden Nature Area 9:30-11 am, Sat, May 24 Help with the weeding in our Butterfly Garden. Identify butterflies, and the plants

they need; take home a plant. Reg. Required: (510) 525-2233

Fee: \$4 THOSE "RASCALEY" REPTILES &

Tilden Nature Area Nadia Stanis 12:30-2 pm, Sat, May 24 Learn all about our scaly friends! We'll read stories, make a craft and meet our turtles and snakes.

BUTTERFLY BLOOMS

Jessica Sheppard Tilden Nature Area 2-4 pm, Sat, May 24 It's the month of the 'flower moon' and things are blooming in the Butterfly Garden. Tour the blooms and learn how you can help local butterflies.

GUIDED TRAILS CHALLENGE HIKE Tilden Nature Area Dave Zuckermann 10:30 am-2 pm, Sun, May 25 Climb Wildcat Peak on a short, steep trip in the heart of this original Regional Park.

Reg. Required: (510) 525-2233 BEGINNERS BIRDWALK

Dave Zuckermann Tilden Nature Area 8-10 am. Mon, May 26 The woods are filled with the colors and songs of springtime birds. Join us for a look and listen. Binoculars available for loan.

HOLIDAY POND PLUNGE

Tilden Nature Area Dave Zuckermann 2-3:30 pm, Mon, May 26 With dip-nets and magnifiers in hand, we'll discover the "denizens of the deep" amphibians, insect larvae and more. (4+yrs)

OPEN THE FARM Devin Berry Tilden Nature Area 8:30-10 am, Sat, Jun 7 Learn about our farm animals as we do

morning chores. Collect eggs, feed and more. Wear boots; prepare to get dirty. (6+yrs)

HISTORY OF TILDEN NATURE AREA Tilden Nature Area 10 am-noon, Sat, Jun 7 A walk through time to the lake and back to discover the story of the lost escudo and

LADYBIRDS & LADYBUGS

Tilden Nature Area Alan Kaplan 2-4 pm, Sat, Jun 7 We'll collect and release as many adults and larva forms as we can find. We'll talk about the good these beetles do, and learn about the ones who have turned to the dark

NEOTROPICAL MIGRANTS BIRDWALK

Tilden Nature Area 8-10 am, Sun, Jun 8 Up close views of birds from far away. Stay for a great cup of coffee that's for the birds - shade tree coffee plantation birds, that

is; pastries, too. Reg. Required: (510) 525-2233 Fee: \$5 (non-res. \$7)

DRIED, SALTED, POTTED AND PICKLED

Tilden Nature Area Alan Kaplan Noon-2 pm, Sun, Jun 8 Learn the cultural and natural history of food preservation while tasting a variety of meats, vegetables, fruit and fish.

Reg. Required: (510) 525-2233 Fee: \$5 (non-res. \$7)

TILDEN TOTS Tilden Nature Area Linda Yemoto 10-11:30 am, Tue, Jun 10 Tots will venture to ponds, capture and release dragonfly and damselfly nymphs, diving beetles and more. For 3 & 4 year olds each accompanied by an adult. Reg. Required: (510) 525-2233

Fee: \$6 (non-res. \$8)

TILDEN EXPLORERS

Linda Yemoto Tilden Nature Area 3-4:30 pm, Tue, Jun 10 Explorers will learn about aquatic insects through exploration of streams and ponds. For 5-7 year olds who may be accompanied by an adult. No younger siblings, please. Reg. Required: (510) 525-2233 Fee: \$6 (non-res. \$8)

NATURE SKITS

call for transportation.

Nadia Stanis Tilden Nature Area 2:30-4:30 pm, Sun, Jun 15 Flex your drama skills! We'll make costumes from re-used materials, make up skits about nature, and then perform. Bring two small items from home for props

FATHER'S DAY CAMPFIRE Margaret Kelley Tilden 5:30-8:30 pm, Sun, Jun 15 Bring your hot dogs, buns, marshmallows, lo-o-ong sticks, etc. We'll cook over an open fire, sing old songs and tell stories. Dress for possible fog. We'll walk uphill to the campfire circle. Disabled accessible,

OWL'S WELL THAT ENDS WE Tilden Nature Area 10:30 am-noon, Sat, Jun 21 We will dissect owl pellets and lear owls seem to be throwing up all the We will make owl trading cards also Reg. Required: (510) 525-2233

Fee: \$2 SLITHERIN

Tilden Nature Area 1-2 pm. Sat. Jun 21 Stop inside the EEC to 'check out' snakes. Learn about snakes and the they play in nature.

MEET AND GREET TIME: BU Tilden Nature Area 1-2 pm, Sun, Jun 22

Come and get acquainted with our Dutch rabbits! Touch and see them

NATIVE PLANTS AND INSECT Tilden Nature Area Scotti 2-3:30 pm, Sun, Jun 22

Take a walk to identify native plant learn about their insect companions native plant gardening. (8+yrs)

WILDCAT EASY BIKE RIDE Tilden/Inspiration Point Dave Zud 10:30 am-1:30 pm, Sun, Jun 29 Bicycle San Pablo Ridge to explore and preservation of the watershed views on this paved nine-mile ride (10+vrs)

Reg. Required: (510) 525-2233 LES CONTES POUR ENFANTS Tilden Nature Area

11 am-noon, Sun, Jun 29 Une heure des contes en francais p enfants. (Come enjoy an hour of # French for children.)

GARDENING WITH KIDS WOR Tilden Nature Area 1-4:30 pm, Sun, Jun 29 Whether you're starting a school@ garden or have one already and will

kids involved, this is the workshop (adults) Reg. Required: (510) 525-2233

Fee: \$10 (non-res. \$12)

SUMMER SCIENCE WEEKS

Tilden Nature Area 10 am-4 pm, Mon-Fri, Jun 30-Jul 10 am-4 pm, Mon-Fri, Jul 14-18th 10 am-4 pm, Mon-Fri, Aug 4-8 # 10 am-4 pm, Mon-Fri, Aug 18-22 Week-long sessions covering biole of interest to junior scientists. July Insects and plants: count butterflie bugs, and meet common plant fall California. July 14, Mammals and pick apart an owl pellet, prepare baby announcement, and discord home range. Aug. 4, Different top Pond and stream, reptiles and dinos, astromony, rainforests. Aug Small world and body biology: 10 biology and a close look at the ne kingdoms of life. (9-12yrs) Reg. Required: (510) 636-1684

VOLUNTEER

PUBLIC SAFETY VOLUNTE Various parks

Fee: \$150 (non-res. \$166)

Various dates and times Assist District staff in the deliver essential services, including trails education; assisting with helicope supplementing police in patrol at and incident response. Certification training are required for some pol Flight Medics, Officer White, Island Reserve Police Officer, Officer (510) 544-3131. Bicycle Patrol, ol Companion Dog Patrol, atrol, Patrick Balizan, Info:

AL GUIDES

Rick Spittler

des and times needed to assist the visually thiking on Regional Parks trails. wided by Bay Area Outreach Program (B.O.R.P.). (adults) 849-4663

TY SPECIAL KIDS DERRY

Allen Pulido

Thu, May 1, 22 are needed to assist children lities for a day of fishing and ational activities at Shadow by I and Lake Temescal on May ist, orientation, and lunch are This is in cooperation with Let's and the Lions Clubs. Join us for and fun day. For anglers and 8. (14+vrs)

kired: (510) 544-2205 BONS VOLUNTEERS

Staff

ves, dates pain new skills and knowledge;

sing people. Join us in main-Regional Parks. We need your tal repair, resource protection is maintenance. Call or email parks.org for more information. 9756-0195

KSON TRAIL WORK DAY

Terry Noonan m. Sat, May 17 trail rehabilitation; including

atrol, light pruning, trail tread tess. Tools and lunch are Participants should wear sturdy ling sleeved shirts. Bring gloves, macks. No dogs, please. (10+yrs) Rired: (510) 544-2631

RFARM VOLUNTEERS

Christina Garcia M.Thu & Fri, Jun-Aug tlunteers to help us with our Learn to handle the farm kmonstrate turn-of-the-century farm chores, and play oldgames during our June training you're at least 14 years old, with children, and are weekdays, please call for an

196-0199 ALTRAILS DAY

liants 430 pm, Sat, Jun 7 Terry Noonan

a will help with puncture vine and along the Iron Horse Trail a Concord. Project is EBRPD/ roject. Bring gloves, snacks Linch provided. (10+yrs)

ROUSE REPAIR

m, Sat, Jun 28 Bluese we built five years ago Norm Kidder we built five years ago age tools is in need of repair. We mighening up the framework, and and repairing the thatch. This is a teating the thatch. The set of go back in a time machine the past. (10+yrs) paired: (925) 862-2601

EDUCATORS ACADEMY

For a brochure of all Educators Academy programs, call (510) 636-1684.

WILD, WILD WETLANDS

Parkison & Herron Coyote Hills 9:30 am- 4:30 pm, Sat, Jun 7 #3215 Get ready to be wet and wild in the wetlands! Hands-on experiments and activities will help you discover the diversity of the inhabitants found in the marshland habitat. Not only will you enjoy mucking about in the marsh, but you'll also find out why wetlands are so important. Go home ready to share the wonders of wetlands with your students! (adult)

Reg. Required: (510) 636-1684 Fee: \$45 (non-res. \$51)

PROJECT WILD & PROJECT AQUATIC WILD

Kelley & Flasher Tilden Nature Area 9 am-4 pm, Sat, Jun 14 #3216 From awareness to responsive action, Project WILD and Project Aquatic WILD are designed to help educators teach wildlife and the environment through stimulating, hands-on activities. Once you attend this workshop, you will receive curriculum guides for K through 12th grades, as well as sample activities and supplemental resources. (adult)

Reg. Required: (510) 636-1684 Fee: \$45 (non-res. \$51)

WHAT TO TEACH ABOUT CALIFORNIA INDIANS

Coyote Hills Beverly Ortiz 9:30 am- 4:30 pm, Sun, Jun 15 #3217 During this workshop, we'll talk about the state-mandated curriculum as it applies to the study of Indians in the third and fourth grades. Several Ohlone will join us to answer your questions and provide their perspective about what they would like to see taught. This philosophical discussion and activity filled workshop will include extensive handouts featuring concepts, sources of teaching materials and activities you can incorporate into your classroom teaching. (adult)

Reg. Required: (510) 636-1684 Fee: \$45 (non-res. \$51)

BURNING ISSUES: FIRE ECOLOGY, & MANAGEMENT

McCone Hall, UCB Kelley & Andrews 9:30 am- 4:30 pm, Thu, Jun 19 #3218 This special Project Learning Tree workshop will explore the role of fire in wildland-urban ecosystems. You will leave the workshop fired up and ready to use the ideas and materials that spark students interest in science, social science, mathematics, and other subjects. Participants will receive the PLT activity guide, six copies of Burning Issues CD, educational materials for teaching fire ecology at different grade levels, and correlations to the national and California content standards for all materials. Ideal for teachers in grades 5-12. (adult) Reg. Required: (510) 636-1684 Fee: \$45 (non-res. \$51)

INSECTS AND CRAWLING CREATURES

9 am-3:30 pm, Tue-Thur, Jun 24-26 #3219 Alan Kaplan Tilden Nature Area Readily available in the field and easy to keep in the classroom, insects are everywhere! You will discover the world of insects and their relatives by visiting several Regional Parks where you will collect, observe and release insects. You'll

get 101 new ideas for K through 5th grade classes and outdoor activities. You'll love insects when this class is over...guaranteed!

Reg. Required: (510) 636-1684 Fee: \$100 (non-res. \$110)

CRUISING THE COSMOS

2:30-10 pm, Sat, Jun 28 #3220 Sunol Taylor & Colbert Just what does it mean to be "The Third Rock From the Sun"? Illuminate the magic and mystery of the night sky for your students and introduce them to the lifelong joys of naked-eye astronomy. (adult) Reg. Required (510) 636-1684 Fee: \$45 (non-res. \$51)

OTHER PARKS

WOMEN ON COMMON GROUND SP Katie Colbert Various

Various dates and times A series of naturalist-led programs for women who love to hike, camp and play in parklands, but whose concern for personal safety keeps them from enjoying their parks. For a spring flier, call or write Sunol Regional Wilderness, P.O. Box 82, Sunol, CA 94586. (adult)

WEDNESDAY WALKS Christina Garcia Various parks 9:30-11:30 am, Wednesdays Explore unique habitats of the East Bay with our friendly walking group. Discover

the natural and human history and improve

your health on a fast-paced hike. May 7, Las Trampas: This hike is part of the Trails Challenge hiking series. View spectacular scenery on a steep and strenuous six-mile hike up to Rocky Ridge and down into Devil's Hole. May 21, Morgan Territory: This hike is part of the Trails Challenge hiking series. Explore the rolling hills of this quiet, uncrowded open space preserve. Our moderately strenuous 4.5-mile hike will give us great views of Mt. Diablo. Meet at the staging area. May 28, Del Valle: This hike is part of the Trails Challenge hiking series. Meet at the Boat Launch area to walk along the shore of this secluded reservoir. We'll then venture into the hills to complete a somewhat strenuous 4-mile loop. Parking Fee is \$6. June 4, Mission Peak: From Stanford Ave. Staging Area in Fremont, we'll hike a very strenuous 4 mile loop along the lower half of this East Bay landmark. Although our route won't take us to the top, it will give us a great view of southern San Francisco Bay. June 18, Coyote Hills: Trek a moderate 5 miles to the Wildlife Refuge and back on Apay Way. Parking fee may apply. June 25, Garin/Dry Creek: Meet at the trailhead at the end of Tamarack Dr. in Union City for a strenuous 4-mile hike through fragrant oak-bay woodlands, From I-880 in Union City, take Whipple Road east; turn left at Mission Blvd. and right on Tamarack Dr. Hikers of all ages and abilities are welcome. Wear sturdy footwear, bring water and dress for the weather. We hike rain or shine, but hikes may be re-routed due to trail conditions. For more information and complete directions, please call and request a flyer.

Info: (510) 796-0199

THURSDAY BIRDWALKS

Alan Kaplan Various parks 7 am- 9:30 am, Thu, May 1, 8, 29, Jun 5 Beginners welcome. Call (510) 525-2233 for information or to borrow binoculars. May 1, East Shore State Park: Meet

opposite the Radisson Hotel to search for a vamp of Savannah Sparrows. May 8, Briones: Meet at the Bear Creek Road parking lot (past the kiosk) to look for a bushel of Acorn Woodpeckers. May 29, Wildcat Creek Regional Trail: Meet at the staging area between Gertrude and Pittsburg Avenues on the bayside of Richmond Parkway for an epaulet of redwinged blackbirds. June 5, Tilden: Meet opposite the Pony Ride for a look at creekside birds.

THURSDAY BIRDING

Round Valley, Big Break Mike Moran 9-11 am, Thu, May 1, Jun 26 Witness the avian richness of two marvelous parks! May 1: songbirds and eagles at Round Valley. June 26: shorebirds and gulls at Big Break

Reg. Required: (925) 757-2620

ADVENTURES IN NATURE Morgan Territory Cindy Taylor 4-5:30 pm, Thu, May 1, 15, Jun 12 4-6:30 pm, Thu, May 29 Join us for a series of outdoor learning adventures for children who love to hike, bike and learn about the natural wonders of their local "backyard" parks and learn ways to stay safe in the outdoors. May 1, Morgan Territory: We'll try our hand at reading maps today as we explore three different spectacular plant communities of this jewel of a park. May 15, Del Valle: A relaxing stroll along the lake shore. We'll focus on birds that call this lake their home. Two miles round trip. May 29, Sunol: spend an afternoon exploring this geologic jewel. June 12: Hike up the hill above the Del Valle dam to marvel at the lake, spy on some wildlife and soak up some of the area's rich history. (Grades K-6) Reg. Required: (925) 862-2601

SKYLINE NATIONAL TRAIL

Fee: \$6 (non-res. \$8)

Gail Broesder Anthony Chabot 10 am-3 pm, Sat, May 3, Sun, Jun 8 The Skyline Trail links six Regional Parks during its 31-mile course. May 3: We'll cover 6.1 miles. From Bort Meadow the trail wanders through Grass Valley, past the stone bridge through eucalyptus and down to Proctor Gate. June 8: We'll cover 7.2 miles starting at EBMUD's Chabot Staging Area. Learn about grassland and oak woodland as we hike to Dinosaur Ridge and a panorama of the Bay Area. (7+yrs) Reg. Required: (510) 521-6887

TUESDAY AFTERNOON BIRDWALK MLKing Jr. Shoreline Jessica Sheppard

3-4:30 pm, Tue, May 6, 13, 20 Beginners welcome. Call to borrow binoculars. Discover the shorebirds at this "new marsh." Park entrance off Swan Way; meet at the observation deck at the last parking lot.

Info: (510) 525-2233

THE CHAPARRAL IN SPRING

Norm Kidder Las Trampas 10 am- 2:30 pm, Sat, May 10 Watch for wildflowers as we hike up Las Trampas Ridge through sage and buckbrush for a catch-your-breath-taking lunch. (8+yrs) Reg. Required: (925) 862-2601

LAKE SHORE RAMBLE

Del Valle Cindy Taylor 10 am- 4:30 pm, Sat, May 10 Join us for a 7.5-mile one-way meander along lake Del Valle's east shore from the

*5

dam to the marina. After our initial ascent we'll enjoy spectacular lakeside views and glimpses of wildlife. Fee covers a boat shuttle. (7+yrs)

Reg. Required: (925) 862-2601 Fee: Adult, \$4.25/13yrs or younger, \$2.75

A MID-DAY MEANDER

Morgan Territory Sabrina Dussau 10:30 am-1 pm, Sat, May 10 Hear the tales and walk the trails of a park that has been home to many. We'll get a glimpse of Mt. Diablo as we explore the park's vegetation and discover how it has sustained both animals and people. Reg. Required: (925) 757-2620

NATURE & THE STARS Chabot Space & Science Cntr

Broesder & Burrows

5-9:30 pm, Sat, May 10 Explore nature by day and the stars by night on a moderately strenuous 5-mile hike. Meet in front of the Chabot Space and Science Center with a jacket, trail snack and flashlight for our exploration of Redwood. We'll end by moonlight at the Science Center for optional telescope viewing. (7+yrs) Info: (510) 521-6887

MOTHER'S DAY MEANDER

Mike Moran Round Valley 10 am-2 pm, Sun, May 11 Share the stunning flora and fauna of Mount Diablo's foothills to the east. Take mom on a hearty and hilly 4-mile jaunt through wildflowers and under oaks. (8+yrs) Reg. Required: (925) 757-2620

CASE OF THE DISAPPEARING MOON Del Valle Cindy Taylor 6:45 pm-9:30 pm, Thu, May 15 We'll make our way to our eclipse viewing point perched high atop a hill overlooking Lake Del Valle. Learn about lunar mysteries.

(6+vrs) Reg. Required: (925) 862-2601

18th ANNUAL BAY AREA STORYTELLING FESTIVAL Linda Yemoto Kennedy Grove 9 am- 7:30 pm, Sat-Sun, May 17-18 Join us for a weekend of lively, entertaining and captivating storytelling featuring professional tellers from across the country: Teller of tall tales, Bil Lepp of West Virginia; Native American folksinger and storyteller, Dayton Edmonds of Washington; whimsical Angela Lloyd of Southern California; mime extraordinaire Antonio Rocha of Maine; and a true elder of the storytelling community, Kathryn Windham

of Alabama. Fee for all weekend: \$52 adult, \$38 senior, \$28 children; tickets for individual events also available. (9+yrs) Info: (510) 869-4946; (650) 952-3397

FROLICKING IN THE FOOTHILLS Diablo Foothills Sabrina Dussau 10 am-2 pm, Sat, May 17 Discover the western edge of the East Bay's largest area of continuous open

space. We'll search the riparian areas and oak woodland for the plants and animals that call this vast wild land home

Reg. Required: (925) 757-2620

TRAIL FACTS AND FICTIONS

12:30-1:30pm, Sat., May 17 Gail Broesder Huckleberry Find out what's going on in this park. Learn what makes this preserve so special, about some hiking trails, and some fun facts. Info: (510) 521-6887

POINT PINOLE EASY BIKE RIDE

Point Pinole Dave Zuckermann 10 am-1 pm, Sun, May 18 Discover the park's explosive and peaceful past on a flat, slow ride on paved and dirt

Reg. Required: (510) 525-2233

SPRINGTIME IN THE BLACK HILLS Morgan Territory Mike Moran 10 am-1 pm. Sun. May 18 Immerse yourself in spring with a 4-mile exploration of the natural richness and beauty of oak woodland, dense chaparral

and grassy meadows. Reg. Required: (925) 757-2620

MID-SEASON MEANDERS Briones Sabrina Dussau

9 am-1 pm, Sat, May 24 Enjoy the heart of spring on this hilly 3.5mile hike. We'll look for nesting bluebirds, spring flowers, and amphibians in the

Reg. Required: (925) 757-2620

MUNCHKINS' MEANDER FOR Naturalist Nancy Redwood

3:30-5 pm, Sat, May 24 Play among giant redwoods with pocket gophers and butterflies. Shake off after-nap grumps and engage your natural curiosity as we meander the edge of meadow and

forest. (2-5yrs) Reg. Required: (510) 521-6887

CHABOT CAMPFIRE PROGRAMS & Chabot Amphitheatre Gail Broesder 8-9 pm, Sat, May 24, 31, Jun 7, 14, 21, 28 Old-fashioned campfires provide free family fun every Saturday night, Memorial Day through Labor Day. A mix of songs, stories and games related to the evening's topic engage all ages. Bring marshmallows for roasting. Campers and non-campers welcome. May 24: Ecology of wildfire. May 31: They come out at night. June 7: Nature games and fun! June 14: Avoid

unwanted visits by pesky populations. June 21: Rodents have incisor teeth that never stop growing! Braces won't help. What will? June 28: Startling dragonflies

Kristina Parkison

FORENSIC FILES Garin

1:30-3:30 pm, Mon, May 26 While out hiking your favorite trail, you come across a skull half-buried in the dirt. What animal did it belong to? Join us for a fascinating look at forensic studies as we

learn to identify animals based on what they leave behind. We'll also learn how animals try not to become the skull halfburied in the dirt! (7+yrs)

Reg. Required: (510) 795-9385

BREAKFAST A LA CHAPARRAL

Cindy Taylor Morgan Territory 7:30-11:30 am, Sat, May 31 Rise and shine! We'll get an early start as we explore the morning beauty of this jewel of a park. Discover the varied communities and pause for breakfast on magnificent cliffside rocks overlooking

nearby Mount Diablo. (6+yrs) Reg. Required: (925) 862-2601

SSSNAKES Chabot Amphitheatre Gail Broesder

4-5 pm, Sat, May 31 Stop by the amphitheater and learn about our legless friends that make the park their home. Don't worry, only friendly reptiles allowed. Non-campers welcome. Info: (510) 521-6887

OWLS OF CONTRA LOMA

Mike Moran Contra Loma 10-11 am, Sun, Jun 1 Share some great owl stories, learn how owls help us out and what they eat by dissecting a pellet or two.

Reg. Required: (925) 757-2620

SP TUESDAY TWILIGHTS Various Parks Staff 7-9 pm, Tue, Jun 3, Jun 17 5:30-7:30 pm, Tue, Jun 10

Enjoy sunset with the family in a different Regional Park on Tuesday evenings. These natural and cultural history walks vary in difficulty and terrain. Call for a complete schedule. June 3, Sunol: we'll explore the Indian Joe Wilson Nature Trail in search of its wildlife secrets. June 10, Morgan Territory: join us for a gently undulating discovery hike. Pack a supper-we'll feast with spectacular views of Mount Diablo. Explore chaparral, oak savannah and grassland. Meet at the staging area off Morgan Territory Road. June 17, Quarry Lakes: Meet at the Isherwood Staging Area for a stroll alongside Alameda Creek's bed and the peaceful waters of this young park. Info: (925) 862-2601

EARLY DAD'S DAY DAWDLE

Diablo Foothills Mike Moran 10 am-1 pm, Sun, Jun 8 Take Dad over a couple of hills and alongside Pine Creek to look for falcon's nests,

amazing geology and thick, shady forests. Reg. Required: (925) 757-2620

MORNING IN THE GREAT DALE Round Valley 9 am-1 pm, Thu, Jun 12 Investigate the changes summer brings to grassland, woodland and creek on a hilly 4-mile stroll.

Reg. Required: (925) 757-2620

ALMOST FULL MOON HIKE Pleasanton Ridge Cindy Taylor 7-10 pm, Fri, Jun 13

As the sun sinks in the west, we'll walk to the top of the ridge to glimpse the rise of the almost full moon. What animals begin their day after the sun goes down? We'll explore a nocturnal lifestyle before descending by moonlight. (7+yrs)

Reg. Required: (925) 862-2601 10TH ANNIV. NATURE HIKE! Roberts Naturalist Nancy

9 am-11 am, Sat, Jun 14 Take the challenge! Attention registered Trails Challengers: do you prefer to amble vs. scramble, in the company of other nature lovers? This is the hike for you and it counts as one of your five completed trails! We will stop to enjoy and discuss area ecology as we amble along gently rolling terrain. Also open to the general public. Meet at Roberts pool. (8+yrs)

Info: (510) 521-6887

SAND CASTLE & SCULPTURE CONTEST Crown Beach

9 am-noon, Sat, Jun 14 Participate in this long-time Alameda event! Free registration is 9 a.m. for contestants; construction ends at noon. Judging and awards are at noon. Come early to see these fantastic works of art that will disappear with the incoming tide.

Info: (510) 521-6887 RIDGELINE WONDERS Gail Broesder Roberts

10 am-1 pm, Sun, Jun 15 Ever wonder what life was like in the wilds of Oakland long ago? Explore the past,

present, and future of this wonderfu We'll also take a quick look inside Chabot Space and Science Center heading home. (7+yrs)

Kristina

Info: (510) 521-6887

EARLY BIRDS Hayward Shoreline

9:30-11:30 am, Sat, Jun 21 Introduce your wee ones to the joys birding! We'll focus on what make special through games and explora hike through the marsh will give to opportunity to use what we've lean Reg. Required: (510) 795-9385

SOLSTICE FOOD CHAIN CELEBRATION

Naturali Chabot Amphitheatre 3-4:30 pm, Sat, Jun 21 In honor of the great star that is cer solstice celebrations, let's eat! Eng sun provides, generates life-giving Today we will convert spectators elements of a food chain, harnesst energy cooking quesedillas in a sol churn homemade ice-cream, and a solar art print to take home.

Info: (510) 521-6887 Fee: \$3

ROCKY RIDGE SUMMER SOLSTICE STROLL Las Trampas 7-10 pm. Sat. Jun 21

Celebrate the first day of summer three-mile solstice hike. We'll wat sun set on the close of this long di discover the secrets of the sun. (74)

Reg. Required: (925) 862-2601 TUNNEL #3 BIKE RIDE Gail Lake Chabot

10 am-1 pm, Sun, Jun 22 Tunnel No. 3 was constructed by laborers in 1888, helping to creat Chabot. Take a step back in time! to the dam and explore the history

wonderful reservoir. (7+yrs) Reg. Required: (510) 521-6887 SAIL DOWNSTREAM: CARQUINEZ/SAN PABLO BA

San Pablo Bay 10 am- 2:30 pm, Sun, Jun 22 #41 Sail with us aboard the Adventure from Vallejo into the waters of Sa Bay. Witness the glory of summer astounding changes our cultural visited upon the nature of the regi (8+vrs)

Reg. Required: (510) 636-1684 Fee: \$56 (non-res. \$62)

IN SEARCH OF INSECTS Lake Chabot

10 am-noon, Sat, Jun 28 Delve into the world of wiggly aquatic insects. Then, shake off and join the search for terrestrial Discover how biologists examin flies, butterflies, ladybugs, and of insects. Learn a cool fact: did you dragonflies wings can beat 100# second?! (6+yrs)

Reg. Required: (510) 521-688 GUIDED TRAILS CHALLEN Dave Briones 10 am-3 pm, Sat, Jun 28 #4049 Explore varied natural history (0)

mile jaunt up and over Briones Reg. Required: (510) 525-223

www.ebparks.org

Program info-Ardenwood: (510) 796-0663; Black Diamond: (925) 757-2620; Coyote Hills: (510) 795-9385; Crab Cove: (510) 521-6887; Sunol: (925) 862-2601; Tilden Nature Ares

MEMBERSHIP PROGRAM

eparking, free swimming at seven lakes, numbers' events, a free guide to the Regional embers-only newsletter, and additional benefits w Call (510) 544-2203, for information.

Membership-Dog pass, free entry to as for up to six, 50 percent off on off-season

through April) camping. Disabled/Student

Member Day Use/Boat Launch

a Circle-Family Member benefits plus an loa special Members' only event hardt Circle-Tilden Circle benefits plus Blo special programs.

ly Circle-Reinhardt Circle benefits plus be scenes" with a naturalist.

To reach Central Registrations office:

whoreast of Oakland on I-580 West, take the inFoothill exit in San Leandro. Bear right till; turn right on 106th Ave. and right again als Oaks Drive. Follow it to the end. From or north or west of Oakland on I-580 East, 16th Ave. exit in Oakland. Take the first three this will put you on 106th Ave. From 106th, onto Peralta Oaks Drive and follow it to the



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FACILITIES and PROGRAMS			
Archery - Field and Target	Briones	Briones Archers	(510) 724-3814
Archery - Field and Target			
Bike Rentals			
Boat Rentals			
Boat Rentals	Shadow Cliffs	Shadow Cliffs Park Company	. (925) 846-2344
Boat Rentals	Lake Chabot	Lake Chabot Park Company	(510) 582-2198
Camping (groups)			
Camping (families)			
Dog Wash	Dr Icabel	Mudnunnies Tuh & Somb	(510) 550-8800
Expresso Coffee Service			
Golf, Driving Range, Food, Banquet			
Golf, Driving Range, Food, Banquet			
Hang Gliding - Experienced Flyers			
Blacksmith			
Horse Arena			
Horse Arena			
Horse Arena			
Horse Boarding Barn, Lessons			
Horse Boarding Barn, Lessons			
Horse Boarding Barn, Lessons	Redwood	Piedmont Stables	(510) 531-9944
Horse Boarding Barn, Lessons	Anthony Chabot	Skyline Ranch Equest, Center	(510) 336-0850
Horse Day Camp	Las Trampas	Las Trampas Stables	(925) 838-7546
Horse Day Camps	Castle Rock	Adventure Day Camp	(925) 937-6500
Horse Rentals, Trail Rides and Lessons			
Horse Rentals, Trail Rides	Sunol	Sunol Pack Station	(925) 862-0175
Horse Trail Rides			
Marksmanship - Target & Skeet			
Meeting and Club Activities			
Meeting and Club Activities			
Meetings, Weddings and Banquets	Tilder Provid Providence	Parinest Parks	(510) 540 0220
Meetings, Weddings and Banquets			
Merry-Go-Round, Children's Parties	Tilden	Terri Holliman	(510) 524-6773
Model Boat Facility	Ala. Creek Quar	Model Mariners	(510) /97-5422
Model Railroad - 5 Scales and Museum			
Native Plants			
Native Plants	Carquinez	. CREEC	(510) 787-9772
Picnics (groups)	All Parks	. East Bay Regional Park District	(510) 562-2267
Picnics, Parties and Events (groups)			
Picnics, Parties and Events (groups)	Little Hills	Picnic People	(925) 462-1400
Picnics, Weddings, Food (groups)	Ardenwood	Picnic People	(925) 462-1400
Picnics, Parties and Events (groups)	Shadow Cliffs	Picnic People	(925) 462-1400
Pony Rides, Kid's Parties, DayCamps	Tilden	Carney Thompson	(510) 527-0421
Railroad - Rides, and Museum	Ardenwood	Society to Preserve Carter Bros	(510) 796-9560
Trains - Model Steam Engines			
Trains - Steam Train Rides	Tilden	Redwood Valley Railroad	(510) 548-6100
Waterslide, Food, Group Picnics	Shadow Cliffs	Shadow Cliffs Association	(925) 829-5600
watershide, rood, Group Fielies	Onadow Cilits	. Onadow Cinio ressociation	() 25-3000

Contra Loma

Crown Beach

Del Valle

SPECIAL RECREATIONAL FACILITIES AND PROGRAMS

STRATION INFORMATION

TRATION REQUIRED—Many programs do not require registration. wher listed in the program descriptions if you need further information. INCISTRATION-For programs requiring registration at park sites, call hikaled in the description. Information will be provided when you call. REGISTRATION—The course codes for programs that require central printed in green throughout this directory. Please refer to the thought for registration procedures for mail-in, walk-in, phone or fax

MAIL-IN; Complete the registration form on the back cover of this sectory and mail with your payment (pre-printed check or fill in the District, Reservations Dept., P.O. Box 5381, Oakland, CA 94605-0381.

WALK-IN: Come to the District Headquarters between 8:30 a.m. and P.m. Mondays through Fridays. We are located at 2950 Peralta Oaks Court in Oakland, next door to the Dunsmuir House and south of the Oakland Zoo off I-580. See map above.

BY FAX: Complete the registration form on the back cover and fax it b [5](0) 635-5502. Include all the necessary credit card information.

BY PHONE: Phone registration requires a credit card.

the Reservations Office between 8:00 a.m. and 5 p.m. Mondays hough Thursdays, or 8 a.m.-4:00 p.m. on Fridays. The Reservations Office is closed on weekends and holidays. Please call the phone tumber for your area:

(925) 676-0192 ...(510) 636-1684 (510) 538-6470 Hayward ... Outside East Bay (510) 636-1684 -- (925) 373-0144 24-Hour Touch-Tone Phone (510) 633-0460 Registration (510) 544-2461

FEES: Fees must be paid in full at the time of registration. They may be paid by pre-printed check, money order, VISA, Mastercard or in cash for walk-in registration. Non-resident fees apply to anyone living outside of Alameda or Contra Costa counties. Parking or park entrance fees may be charged depending on program time and location. Ardenwood entrance fees vary depending on the event or activity. Confirm all fees when registering for a program. Many programs have fee assistance funds available for low-income individuals and families. For information call the registration phone numbers listed at the bottom of the previous column.

Windsurf Del Valle

Sausalito Sailboards

Windsurf Diablo .

CHECK ACCEPTANCE: Pre-printed checks are accepted for mail-in registration in the Central Reservations Office until two weeks before the program takes place. Make checks payable to EBRPD. Programs registered in the parks will accept checks up until the day of the program. Returned checks will be charged an additional \$15 Returned Check charge.

Windsurfing - Rentals and Lessons

Windsurfing - Rentals and Lessons

Windsurfing - Rentals and Lessons ..

CREDIT CARDS:

VISA and Mastercard are accepted for all fee programs except those that are registered at a park. Call the phone number in program description for info.

CANCELLATION POLICY:

REFUNDS/TRANSFERS: Refunds or transfers will be processed for programs canceled because registration is below the minimum enrollment at the cutoff date, or if a program is canceled due to inclement weather or instructor illness. Please allow up to three weeks for receipt of refund. If you would prefer to transfer into another program or class and there is space available, your refund may be applied to the fee for that program or class. (See Special Cancellation Policy below for exceptions.) IF YOU MUST CANCEL: For a full refund or credit toward another program, you must call in your cancellation at least seven days prior to the class or program. Failure to notify the Reservations Office at least seven days in advance of the program date will result in forfeiture of program fees. See Special Cancellation Policy below for exceptions.

Special Cancellation Policy: For certain programs requiring the Park District to commit a deposit or guarantee a minimum, refunds will not be available less than 14 days prior to the start of the program. In the case of cancellation due to inclement weather, a credit will be issued for a future class with the same instructor. These programs are noted by "Special Cancellation Policy applies" within the program description.

VISITOR CENTERS

ARDENWOOD 34600 Ardenwood Blvd. Fremont, CA 94555-3645

(510) 796-0663

BLACK DIAMOND MINES 5175 Somersville Road Antioch, CA 94509

(925) 757-2620 BOTANIC GARDEN Tilden Regional Park Berkeley, CA 94708

(510) 841-8732 COYOTE HILLS 8000 Patterson Ranch Rd. Fremont, CA 94555-3502 (510) 795-9385

CRAB COVE VISITOR CENTER 1252 McKay Avenue Alameda, CA 94501-7805 (510) 521-6887

DEL VALLE 7000 Del Valle Road Livermore, CA 94550 (925) 862-2601

GARIN 1320 Garin Avenue Hayward, CA 94544-6822 (510) 795-9385

SUNOL-OHLONE ' P.O. Box 82 (on Geary Road) Sunol, CA 94586 (925) 862-2601

TILDEN NATURE

(925) 455-4008

(925) 778-6350

. (650) 331-9463

Environmental Education Center (EEC) at Tilden Regional Park Berkeley, CA 94708

SWIM FACILITIES

LAKE ANZA Tilden Regional Park Berkeley, CA 94708 (510) 843-2137

CONTRA LOMA 1200 Frederickson Lane Antioch, CA 94509 (925) 757-0404

CULL CANYON 18627 Cull Canyon Road Castro Valley, CA 94552 (510) 537-2240

DEL VALLE 7000 Del Valle Road Livermore, CA 94550 (925) 373-0332

DON CASTRO 2400 Woodroe Ave. Hayward, CA 94541 (510) 538-1148

OUARRY LAKES 2250 Isherwood Way Fremont, CA 94535 (510) 795-4883

ROBERTS POOL 10570 Skyline Blvd. Oakland, CA 94619 (510) 482-6028

SHADOW CLIFFS 2500 Stanley Blvd. Pleasanton, CA 94566 (925) 846-3000

LAKE TEMESCAL 6502 Broadway Terrace Oakland, CA 94610 (510) 652-1155

Participant's Name Birthdate Class Title Code Date Fee More/Cog/fr First Choce Second Choce First Choce First Choce Second Choce Second Choce Second Choce Subscribe to this publication (Regional in Nature) (Optional) Subscribe to this publication (Regional in Nature) Submit additional registrations on an attached sheet Total Signature required Parent or guardian if under 18	Sand Hail	Address City	O. Box 5381	☐ Ma	sterCard n date	ble to: EBR	PD
Submit additional registrations on an attached sheet Total Signature required	Day		Month/Day/Yr	First Choice Second Choice First Choice Second Choice Second Choice	r-city youth.	(Optional)	\$1.00
☐ Please check here if you are disabled and in need of special accomodations How did you hear about our programs? ☐ TV ☐ Newspaper ☐ Visitor Center ☐ Radio ☐ Other Other							



The Power of Camperships



Kayaking can be part of the fun while camping at a Regional Park. Help make it happen for the kids.

Remember your first camp experience? The power of camping for youngsters is awesome. It is a chance to meet new friends and to learn about nature while enjoying the outdoors.

The Regional Parks Foundation seeks your help to provide camperships for economically disadvantaged kids to attend camp at a Regional Park.

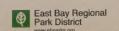
Last year, the Regional Parks Foundation helped send over 3,000 East Bay children to camp. This year we hope to give over 4,000 kids the gift of fun and learning.

As word about the Campership Program has spread, the number of applications has increased significantly.

To help us continue this worthwhile program, write a check to "Regional Parks Foundation" and mail it to P.O. Box 21074, Crestmont Station, Oakland, CA 94620. While \$50 sends one child to camp, gifts of any size are gratefully accepted.



Regional Parks Foundation
P.O. Box 21074, Crestment Station,



East Bay Regional Park District 2950 Peralta Oaks Court Oakland, CA 94605-0381